

MHAL Modified Rules

MODIFIED VOLLEYBALL:

The first regular scheduled league assigned match is to be played as a scrimmage.

Modified A and B teams must be utilized.

Allow 2 toss attempts during serve (to promote over-head serving).

Allow one step in or over service line. Must play 3 games (promoting concept that everyone plays).

May play 6 games in one day-score MUST be capped at 20.

Extended play: 6 games with a max of 20 points per game.

For league matches the net height will be 7 feet, 4 1/8 inches. With the agreement of both coaches prior to a match the net can be lowered to 7 feet.